

# A day of immersion in the daily life of the Ibadite brotherhood of the Dahar Mountains



## **A mystical and culinary experience in south-west Tunisia with the Association for the Protection of the Ksours and the Conservation of the Heritage of Béni Kheddache**

Imagine living in the 14th century on this mountain with the ancestors of the Ibadite scholars of the Dahar Mountains, in their revolving school called Tighemmit. Take part in the rites of the Azzabas, the Ibadite schoolchildren, harvesting, cooking and participating in the religious ceremonies of the brotherhood. Dressed in “Houli”, the traditional dress of schoolchildren, you’ll experience a mystical and spiritual immersion in one of the most influential brotherhoods of the 14th century. You’ll also discover the secrets of the Zitoun Zarrazi culinary route, and the kindness of the people of the Dahar Mountains.

Period: All year round

Duration: One day

Participants: 15 to 30 people

Level: Accessible to all

Languages: French, Arabic

Location: Dahar

Location:

Comfort : \*\*\*\*\*

Transport and accommodation: Not included in the experience (On request)

## Your host: Houcine Hechmi

Member of the Association de Protection des Ksours et de la Conservation du Patrimoine de Béni Khéddache, Houcine Hechmi will guide you to meet the Ibadites of the Dahar Mountains.

## Highlights of the experience

- An authentic experience between history and terroir ;
- A mystical and spiritual journey;
- Exploring the Dahar Mountains ;
- A cultural, gustatory and human immersion;
- Visit to Ibadite monuments and remains;
- Participation in rituals and ceremonies ;
- Tasting, sensory discovery and great moments of exchange and sharing;
- A happy and friendly atmosphere;
- An experience adaptable to all ages and levels.

## Ideal if you're looking for activities for...

- Families with children and teenagers.
- Couple's getaways ;
- Retirees;
- Groups ;
- Your company's employees and partners (Team building) ;
- The adventurers ;
- Students.

## The spirit

For six centuries now, the villages of the Dahar Mountains have been obligatory stopping-off points for travellers, traders and students. The Ibadites have bequeathed a unique tangible and intangible heritage. In the spirit of preserving this heritage, our association is working to rehabilitate and revitalize this great place of spirituality and religious memory.

## We've got you covered...

We offer you an immersion into the life of the Azzabas Ibadites, the students of the brotherhood who were and still are messengers of peace and friendship. By taking part in this experience, you'll be helping us to enhance our heritage and live as a member of El Azzaba. You'll learn the skills handed

down from generation to generation, visit villages with their unique century-old architecture, and practice their ancestral traditions. Finally, you'll enjoy meals in the Tighemmi, based on local produce: figs, olives, dates, milk and barley.

## Price

- On request.
- Our prices include: The organization of the experience, the fees of the mediator-trainer, the products used and served during the experience and tasting, breakfast and lunch.
- Our prices do not include: Transport, insurance.
- Terms of payment: please consult the host.
- Reservation and cancellation policy: consult host.

## Recommendations for the workshop :

Comfortable shoes and decent clothes, the local population is conservative.

## Contact us

- Email: [associationkousour@gmail.com](mailto:associationkousour@gmail.com) and/or [bkhtfr@gmail.com](mailto:bkhtfr@gmail.com)
- Telephone / WhatsApp: +216 96628097
- [Facebook](#)



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