# Discover all the secrets of the Kerkennah octopus as told by the local community with the ACG Générations association.





# Culinary experience and octopus discovery with local fishermen and women

Set off on an authentic culinary adventure around the Kerkennah octopus. Meet the fishermen, who will explain the traditional fishing method that has been classified as a Unesco intangible heritage site, and the island's women entrepreneurs, who will be delighted to help you prepare freshly caught octopus dishes for lunch, while you admire the view of the coastline.

Period: All year round

Duration: Half a day

Participants: 5 to 10 people

Level: Accessible to all

Languages: Arabic, French

Location: Kerkennah

Transport and accommodation: Not included in the experience

### Your host: Association of Continuity of Generations (ACG Générations)

Since 2013, our association has been working with the women of Kerkennah to develop traditional know-how and promote trades to create a socio-economic dynamic on the island.

## Highlights of the experience

- An authentic experience in the Kerkennah Islands;
- · A cultural, gustatory and human immersion;
- Visit the fishing village and learn about traditional octopus fishing;
- Discover the wild beauty of Kerkennah;
- Tasting, sensory discovery and great moments of exchange and sharing;
- Warm and friendly atmosphere;
- An experience adaptable to all ages and levels.

## Ideal if you're looking for activities for...

- Families with children;
- Couples getaways;
- Solo travelers :
- Retirees:
- Your company's employees and partners;
- Those who love culinary experiences.

## The spirit

The Kerkennah Islands, located 20 km off the coast of Sfax and just an hour from Loud, are renowned for their unique ecosystem and endemic marine and terrestrial biodiversity. Classified as a RAMSAR wetland in 2012, the Kerkennah Islands are known for their different types of artisanal fishing,

including Charfia, a technique handed down from father to son and registered on UNESCO's list of intangible heritage. In this exceptional natural setting, we offer a culinary experience highlighting octopus fishing, followed by a discovery and participation in the preparation of octopus-based dishes. A heritage written in the feminine. The experience also includes a visit to the Ottman Borj El Hsar tower and historic museums. All in a spirit of solidarity and collaboration.

# We've got you covered



Arrival on the island. Welcome by our team and departure for an exceptional day of immersion with the fishermen and women of Kerkennah.

We start with a visit to the fishermen's village, where you'll be shown the traditional fishing technique for octopus, the symbol and emblem of the Kerkennah archipelago. You'll learn about the symbiosis between this method and the preservation of marine resources. Of course, octopus fishing is a method that protects and preserves the environment. The fishing gears used are gargoulettes, stones and nasses, simple traditional tools that do not damage the octopus.

We then set about preparing traditional Kerkennian octopus dishes with the women of the group. By putting your hands in the dish, you'll be able to smell the ingredients and get even closer to the textures and aromas. Doing it with the women of the island will certainly give you a sense of belonging and joy. In any case, they're delighted to welcome you and chat with you. You'll also understand their pride and attachment to their know-how and to promoting their marine terroir.

After presenting our island's culinary habits, history and traditions, they explain the recipes and ingredients required.

Once our dishes are cooked, we'll set the table for lunch. We'll enjoy the dishes you've prepared together. This moment of pure delight will take place in a festive atmosphere, with a troupe playing Kerkennian music.

### Price

- On request.
- Prices include: organization of the experience, visits, products used and served during the experience, preparation of the dish and tasting, lunch.
- Prices do not include: transport, insurance.
- Terms of payment: please consult the host.
- Reservation and cancellation policy: consult host.

# Recommendations for running the experiment smoothly:

Preferably wear comfortable shoes for walking.

### Contact us

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