

# Experience an immersive culinary adventure among the Beni Kheddache with Makhtoum

## 98



### Local tales with Ayoub in the Dahar mountains

Behind each product is a tale and a story that has been passed down from one generation to the next with love and patience. In the company of Ayoub and the women of the Beni Kheddache tribe, you'll have the opportunity to listen to his tales, and prepare and taste dishes specially designed to showcase the region's olive oil and local produce. You'll discover how these emblematic ingredients are integrated into traditional Tunisian cuisine, while exploring new culinary creations. "Contes du Terroir" is just a wonder of the senses and an experience that will leave its mark on you through the simplicity and generosity of your hosts.

Period: All year round

Duration:  $\frac{1}{2}$  day

Participants: 3 to 15 people maximum

Level: open to all ages and abilities

Languages: Arabic, French

Location: Béni Khedache

Location:

Transport: Not included in the experience

Accommodation: Not included in the experience

## Your hosts : Ayoub Zammouri with a team of skilled craftsmen

As a social entrepreneur, I created and developed Makhtoum 98, a social enterprise that works with women in the Beni Kheddache region, offering them decent, well-paid, sustainable jobs.

Through my company and this collaboration, we are working together to preserve and promote traditional skills in gastronomy and aromatic and medicinal products. We are involved in the entire chain, from collection to processing, packaging and marketing.

## Highlights of the experience

- An authentic experience in the Tunisian desert;
- A cultural, gustatory and human immersion;
- Meeting of the women of the Béni Khedache tribe
- Home harvesting and preparation of natural products;
- Introduction to sustainable product preservation techniques;
- Discover the palm grove and traditional houses;
- Moments full of love and exchange;
- An experience adaptable to all ages and levels.

## Ideal if you're looking for activities for...

- Families with children ;
- Couple's getaways ;
- Women travelers in search of experiences and exchanges;
- Solo travelers ;
- Retirees;
- Your company's employees and partners;
- Those who love culinary experiences.

## The spirit

Makhtoum 98 is a social enterprise. The men and women of Beni Kheddache offer you quality local produce at fair prices. We are committed to sustainable production that respects the natural balance, thus guaranteeing a positive economic and social impact for the region. All our products are handcrafted at home with love, finesse and rigor. Their originality lies in their respect for natural balances, their emphasis on food, beauty and medicinal traditions, and their innovative spirit.

## We've got you covered...





Arrival and welcome by our team. A half-day of cultural and culinary discovery and immersion. This creative culinary experience offers you the opportunity to immerse yourself in the rich local produce of Beni Kheddache, Tunisia. “Contes du Terroir” takes you on a journey through the region’s traditions and heritage, showcasing the art of handmade natural products and culinary delights.

During this experience, you’ll have the chance to take part in interactive workshops led by skilled artisans, guardians of the secrets of making the region’s renowned products such as honey, molasses, bsissa, figs and many others. They take you through the process of creating these natural treasures to discover the stories, anecdotes and benefits behind each product.

Beyond the workshops, “Contes du Terroir” also invites you to explore the diverse landscapes of Beni Kheddache, where the ingredients are harvested, through guided tours and nature walks. These excursions will reveal the symbiotic relationship between the land, its inhabitants and the culinary treasures it produces.

As part of this gastronomic adventure, you’ll also have the chance and pleasure to sample a fusion of traditional and innovative Tunisian dishes prepared with local ingredients that have been cherished from generation to generation.

### Price

- On request.
- Prices include: organization of the experience, materials and equipment required for the experience and tasting, lunch and dinner.

- Prices do not include: transport, drinks, insurance.
- Terms of payment: please consult the host.
- Reservation and cancellation policy: consult host.

### Recommendations for running the experiment smoothly :

Comfortable footwear and clothing, with respect for the conservative local population.

### Contact us

- Website: [www.makhtoum98.com](http://www.makhtoum98.com)
- Email : [contact@makhtoum98.com](mailto:contact@makhtoum98.com)
- Facebook
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